1 Tm 4, 15 „W tych rzeczach się ćwicz, caly im się oddaj, aby twój postęp widoczny byl dla wszystkich"

|  | STYCZEN |  |  | LUTY |  |  | MARZEC |  |  | KWIECIEN |  |  | MAJ |  |  | CZERWIEC |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Rano | X | Wieczór | Rano | X | Wieczór | Rano | X | Wieczór | Rano | X | Wieczór | Rano | X | Wieczór | Rano | X | Wieczór |  |
| 1 | Rdz 1-3 |  | Mt 1 | Kpł 13-14 |  | Mt 21, 23-46 | Joz 6-7 |  | Mk 8, 22-30 | 2 Sm 22-24 |  | Lk 8, 1-21 | 2 Krn 10-13 |  | Lk 22, 54-71 | 1 Mch 14-16 |  | J 12, 20-50 | 1 |
| 2 | 4-6 |  | 2 | 15-17 |  | 22, 1-22 | 8-11 |  | 9, 1-29 | 1 Krl 1-2 |  | 8, 22-56 | 14-16 |  | 23, 1-26 | 2 Mch 1-3 |  | 13, 1-17 | 2 |
| 3 | 7-9 |  | 3 | 18-21 |  | 22, 23-46 | 12-15 |  | 9, 30-50 | 3-5 |  | 9, 1-36 | 17-20 |  | 23, 27-18 | 4-6 |  | 13, 18-38 | 3 |
| 4 | 10-13 |  | 4 | 22-25 |  | 23, 1-22 | 16-18 |  | 10, 1-31 | 6-8 |  | 9, 37-62 | 21-23 |  | 23, 39-56 | 7-9 |  | 14 | 4 |
| 5 | 14-17 |  | 5, 1-26 | 26-27 |  | 23, 23-39 | 19-21 |  | 10, 32-52 | 9-10 |  | 10, 1-24 | 24-27 |  | 24, 1-35 | 10-12 |  | 15 | 5 |
| 6 | 18-20 |  | 5, 27-48 | Lb 1-3 |  | 24, 1-22 | 22-24 |  | 11, 1-19 | 11-13 |  | 10, 25-42 | 28-30 |  | 24, 36-53 | 13-15 |  | 16, 1-15 | 6 |
| 7 | 21-24 |  | 6 | 4-6 |  | 24, 23-51 | Sdz 1-3 |  | 11, 20-33 | 14-16 |  | 11, 1-28 | 31-33 |  | J 1, 1-28 | Hi 1-3 |  | 16, 16-33 | 7 |
| 8 | 25-28 |  | 7 | 7-8 |  | 25, 1-30 | 4-6 |  | 12, 1-27 | 17-19 |  | 11, 29-54 | 34-36 |  | 1, 29-51 | 4-5 |  | 17 | 8 |
| 9 | 29-32 |  | 8 | 9-12 |  | 25, 31-46 | 7-9 |  | 12, 28-44 | 20-22 |  | 12, 1-34 | Ezd 1-3 |  | 2 | 6-8 |  | 18, 1-23 | 9 |
| 10 | 33-35 |  | 9, 1-17 | 13-15 |  | 26, 1-19 | 10-12 |  | 13, 1-13 | 2 Krl 1-3 |  | 12, 35-59 | 4-7 |  | 3, 1-21 | 9-11 |  | 18, 24-40 | 10 |
| 11 | 36-38 |  | 9, 18-38 | 16-18 |  | 26, 20-54 | 13-15 |  | 13, 14-37 | 4-6 |  | 13, 1-21 | 8-10 |  | 3, 22-36 | 12-13 |  | 19, 1-22 | 11 |
| 12 | 39-41 |  | 10, 1-23 | 19-21 |  | 26, 55-75 | 16-18 |  | 14, 1-25 | 7-9 |  | 13, 22-35 | Ne 1-3 |  | 4, 1-30 | 14-16 |  | 19, 23-42 | 12 |
| 13 | 42-44 |  | 10, 24-42 | 22-24 |  | 27, 1-31 | 19-21 |  | 14, 26-52 | 10-13 |  | 14, 1-24 | 4-6 |  | 4, 31-54 | 17-19 |  | 20 | 13 |
| 14 | 45-47 |  | 11 | 25-27 |  | 27, 32-66 | Rt 1-4 |  | 14, 53-72 | 14-16 |  | 14, 25-35 | 7-10 |  | 5, 1-24 | 20-22 |  | 21 | 14 |
| 15 | 48-50 |  | 12, 1-21 | 28-30 |  | 28, 1-20 | $1 \mathrm{Sm} \mathrm{1-3}$ |  | 15, 1-26 | 17-19 |  | 15, 1-10 | 11-13 |  | 5, 25-47 | 23-25 |  | Dz 1 | 15 |
| 16 | Wj 1-3 |  | 12, 22-50 | 31-33 |  | Mk 1, 1-22 | 4-7 |  | 15, 27-47 | 20-22 |  | 15, 11-32 | Tb 1-3 |  | 6, 1-21 | 26-28 |  | 2, 1-13 | 16 |
| 17 | 4-6 |  | 13, 1-32 | 34-36 |  | 1, 23-45 | 8-10 |  | 16 | 23-25 |  | 16, 1-18 | 4-7 |  | 6, 22-44 | 29-31 |  | 2, 14-47 | 17 |
| 18 | 7-10 |  | 13, 33-58 | Pwt 1-3 |  | 2 | 11-13 |  | Lk 1, 1-23 | 1 Krn 1-3 |  | 16, 19-31 | 8-11 |  | 6, 45-71 | 32-34 |  | 3 | 18 |
| 19 | 11-14 |  | 14, 1-21 | 4-6 |  | 3, 1-21 | 14-16 |  | 1, 24-56 | 4-6 |  | 17, 1-19 | 12-14 |  | 7, 1-31 | 35-37 |  | 4, 1-22 | 19 |
| 20 | 15-18 |  | 14, 22-36 | 7-9 |  | 3, 22-35 | 17-19 |  | 1, 57-80 | 7-9 |  | 17, 20-37 | Jdt 1-3 |  | 7, 32-53 | 38-40 |  | 4, 23-37 | 20 |
| 21 | 19-21 |  | 15, 1-20 | 10-12 |  | 4, 1-20 | 20-22 |  | 2, 1-24 | 10-11 |  | 18, 1-17 | 4-6 |  | 8,1-20 | 41-42 |  | 5, 1-16 | 21 |
| 22 | 22-25 |  | 15, 21-39 | 13-15 |  | 4, 21-41 | 23-25 |  | 2, 25-52 | 12-14 |  | 18, 18-43 | 7-10 |  | 8, 21-36 | Ps 1-3 |  | 5, 17-42 | 22 |
| 23 | 26-28 |  | 16 | 16-19 |  | 5, 1-20 | 26-28 |  | 3 | 15-17 |  | 19, 1-28 | 11-13 |  | 8, 37-59 | 4-6 |  | 6 | 23 |
| 24 | 29-31 |  | 17 | 20-22 |  | 5, 21-43 | 29-3 1 |  | 4, 1-32 | 18-20 |  | 19, 29-48 | 14-16 |  | 9, 1-23 | 7-9 |  | 7, 1-19 | 24 |
| 25 | 32-34 |  | 18, 1-20 | 23-26 |  | 6, 1-32 | 2 Sm 1-3 |  | 4, 33-44 | 21-23 |  | 20, 1-26 | Est 1-3 |  | 9, 24-41 | 10-12 |  | 7, 20-43 | 25 |
| 26 | 35-37 |  | 18, 21-35 | 27-30 |  | 6, 13-56 | 4-6 |  | 5, 1-16 | 24-26 |  | 20, 27-47 | 4-6 |  | 10, 1-21 | 13-16 |  | 7, 44-60 | 26 |
| 27 | 38-40 |  | 19, 1-15 | 31-34 |  | 7, 1-13 | 7-9 |  | 5, 17-39 | 27-29 |  | 21, 1-19 | 7-10 |  | 10, 22-42 | 17-18 |  | 8, 1-25 | 27 |
| 28 | Kpl 1-3 |  | 19, 16-30 | Joz 1-2 |  | 7, 14-37 | 10-12 |  | 6, 1-26 | 2 Krn 1-3 |  | 21, 20-38 | 1 Mch 1-3 |  | 11, 1-17 | 19-21 |  | 8, 26-40 | 28 |
| 29 | 4-6 |  | 20, 1-10 | 3-5 |  | 8, 1-21 | 13-15 |  | 6, 27-49 | 4-6 |  | 22, 1-30 | 4-6 |  | 11, 18-46 | 22-24 |  | 9, 1-22 | 29 |
| 30 | 7-9 |  | 20, 17-34 |  |  |  | 16-18 |  | 7, 1-30 | 7-9 |  | 22, 31-53 | 7-10 |  | 11, 47-57 | 25-27 |  | 9, 23-43 | 30 |
| 31 | 10-12 |  | 21.1-22 |  |  |  | 19-21 |  | 7, 31-50 |  |  |  | 11-13 |  | 12, 1-19 |  |  |  | 31 |

1 Tm 4, 15 „W tych rzeczach się ćwicz, cały im się oddaj, aby twój postęp widoczny był dla wszystkich"

|  | LIPIEC |  |  | SIERPIEN |  |  | WRZESIEN |  |  | PAŹDZIERNIK |  |  | LISTOPAD |  |  | GRUDZIEN |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Rano | X | Wieczór | Rano | X | Wieczór | Rano | X | Wieczór | Rano | X | Wieczór | Rano | X | Wieczór | Rano | X | Wieczór |  |
| 1 | Ps 28-30 |  | Dz 10, 1-23 | Ps 112-115 |  | Rz 2 | Koh 7-9 |  | 1 Kor 11, 16-34 | Iz 13-15 |  | Ef 3 | Jr 25-26 |  | Tt 2 | Ez 43-45 |  | 2 P 3 | 1 |
| 2 | 31-33 |  | 10, 24-48 | 116-118 |  | 3 | 10-12 |  | 12 | 16-18 |  | 4 | 27-28 |  | 3 | 46-48 |  | 1 J 1 | 2 |
| 3 | 34-35 |  | 11 | 119, 1-48 |  | 4 | Pnp 1-3 |  | 13 | 19-21 |  | 5 | 29-30 |  | Flm | Dn 1-2 |  | 2 | 3 |
| 4 | 36-37 |  | 12 | 119, 49-104 |  | 5 | 4-5 |  | 14, 1-20 | 22-23 |  | 6 | 31-32 |  | Hbr 1 | 3-4 |  | 3 | 4 |
| 5 | 38-40 |  | 13, 1-23 | 119, 105-176 |  | 6 | 6-8 |  | 14, 21-40 | 24-26 |  | Flp 1 | 33-35 |  | 2 | 5-6 |  | 4 | 5 |
| 6 | 41-43 |  | 13, 24-52 | 120-123 |  | 7 | Mdr 1-3 |  | 15, 1-32 | 27-28 |  | 2 | 36-37 |  | 3 | 7-8 |  | 5 | 6 |
| 7 | 44-46 |  | 14 | 124-127 |  | 8, 1-18 | 4-7 |  | 15, 33-58 | 29-30 |  | 3 | 38-39 |  | 4 | 9-11 |  | 2 J | 7 |
| 8 | 47-49 |  | 15, 1-21 | 128-131 |  | 8, 19-39 | 8-11 |  | 16 | 31-33 |  | 4 | 40-42 |  | 5 | 12-14 |  | 3 J | 8 |
| 9 | 50-52 |  | 15, 22-41 | 132-135 |  | 9 | 12-15 |  | 2 Kor 1 | 34-36 |  | Kol 1 | 43-45 |  | 6 | Oz 1-4 |  | Jud | 9 |
| 10 | 53-55 |  | 16, 1-15 | 136-138 |  | 10 | 16-19 |  | 2 | 37-38 |  | 2 | 46-48 |  | 7 | 5-8 |  | Ap 1 | 10 |
| 11 | 56-58 |  | 16, 16-40 | 139-141 |  | 11, 1-21 | Syr 1-3 |  | 3 | 39-40 |  | 3 | 49-50 |  | 8 | 9-11 |  | 2 | 11 |
| 12 | 59-61 |  | 17, 1-15 | 142-144 |  | 11, 22-36 | 4-7 |  | 4 | 41-42 |  | 4 | 51-52 |  | 9 | 12-14 |  | 3 | 12 |
| 13 | 62-64 |  | 17, 16-34 | 145-147 |  | 12 | 8-10 |  | 5 | 43-44 |  | 1 Tes 1 | Lm 1-2 |  | 10, 1-23 | JI 1-4 |  | 4 | 13 |
| 14 | 65-67 |  | 18 | 148-150 |  | 13 | 11-14 |  | 6 | 45-47 |  | 2 | 3-5 |  | 10, 24-39 | Am 1-3 |  | 5 | 14 |
| 15 | 68-69 |  | 19, 1-20 | Prz 1-2 |  | 14 | 15-17 |  | 7 | 48-49 |  | 3 | Ba 1-3 |  | 11, 1-19 | 4-6 |  | 6 | 15 |
| 16 | 70-72 |  | 19, 21-41 | 3-4 |  | 15, 1-20 | 18-21 |  | 8 | 50-52 |  | 4 | 4-6 |  | 11, 20-40 | 7-9 |  | 7 | 16 |
| 17 | 73-74 |  | 20, 1-16 | 5-6 |  | 15, 21-33 | 22-24 |  | 9 | 53-55 |  | 5 | Ez l-3 |  | 12 | Ab |  | 8 | 17 |
| 18 | 75-77 |  | 20, 17-38 | 7-8 |  | 16 | 25-27 |  | 10 | 56-58 |  | 2 Tes 1 | 4-6 |  | 13 | Jon 1-4 |  | 9 | 18 |
| 19 | 78 |  | 21, 1-14 | 9-10 |  | 1 Kor 1 | 28-30 |  | 11, 1-15 | 59-61 |  | 2 | 7-9 |  | Jk 1 | Mi 1-3 |  | 10 | 19 |
| 20 | 79-81 |  | 21, 15-40 | 11-12 |  | 2 | 31-33 |  | 11, 16-33 | 62-64 |  | 3 | 10-12 |  | 2 | 4-5 |  | 11 | 20 |
| 21 | 82-84 |  | 22 | 13-14 |  | 3 | 34-36 |  | 12 | 65-66 |  | 1 Tm 1 | 13-15 |  | 3 | 6-7 |  | 12 | 21 |
| 22 | 85-87 |  | 23, 1-11 | 15-16 |  | 4 | 37-39 |  | 13 | Jr 1-2 |  | 2 | 16-18 |  | 4 | Na 1-3 |  | 13 | 22 |
| 23 | 88-89 |  | 23, 12-35 | 17-18 |  | 5 | 40-42 |  | Ga 1 | 3-4 |  | 3 | 19-21 |  | 5 | Ha 1-3 |  | 14 | 23 |
| 24 | 90-92 |  | 24 | 19-20 |  | 6 | 43-45 |  | 2 | 5-6 |  | 4 | 22-24 |  | 1P 1 | So 1-3 |  | 15 | 24 |
| 25 | 93-95 |  | 25 | 21-22 |  | 7, 1-24 | 46-48 |  | 3 | 7-8 |  | 5 | 25-27 |  | 2 | Ag 1-2 |  | 16 | 25 |
| 26 | 96-98 |  | 26 | 23-24 |  | 7, 25-40 | 49-51 |  | 4 | 9-10 |  | 6 | 28-30 |  | 3 | Za 1-3 |  | 17 | 26 |
| 27 | 99-102 |  | 27, 1-25 | 25-27 |  | 8 | Iz 1-3 |  | 5 | 11-13 |  | 2 Tm 1 | 31-33 |  | 4 | 4-6 |  | 18 | 27 |
| 28 | 103-104 |  | 27, 26-44 | 28-29 |  | 9 | 4-6 |  | 6 | 14-16 |  | 2 | 34-36 |  | 5 | 7-9 |  | 19 | 28 |
| 29 | 105-106 |  | 28, 1-15 | 30-31 |  | 10, 1-13 | 7-9 |  | Ef 1 | 17-19 |  | 3 | 37-39 |  | 2P 1 | 10-12 |  | 20 | 29 |
| 30 | 107-108 |  | 28, 16-31 | Koh 1-3 |  | 10, 14-33 | 10-12 |  | 2 | 20-22 |  | 4 | 40-42 |  | 2 | 13-14 |  | 21 | 30 |
| 31 | 109-111 |  | Rz 1 | 4-6 |  | 11, 1-15 |  |  |  | 23-24 |  | Tt 1 |  |  |  | MI 1-3 |  | 22 | 31 |

